BRADSHARPE.COM

KINDNESS IS MY RELIGION

10 ways you can spread Kindness:

1. Have a conversation with a stranger.
2. Offer a hug or embrace.
3. Give your time.
4. Buying someone a gift.
5. Giving a homeless person food.
6. Not charging a client for work.
7. Paying for a stranger's bus/train pass.
8. Helping someone else in need.
9. Look for ways you can promote peace.
10. Make ammends with someone that has hurt you.

This card will help "remind" you of all the little things you can do to brighten someone's day. My hope is that you carry this around in your wallet as a little reminder that you possess the power of KINDNESS and are willing to give it freely! It will also help you help me spread Kindness. My hope is that you will be filled with joy knowing that you can hug anyone and do something kind that will ulimately create a kinder and more understanding world!

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